Sponsor: CHILD CARE RESOURCES INC. (855) 427-2888

	Month of: December 2024						(855) 427-2888
	Monday	Tuesday		Wednesday	Thursday		Friday
2		3	4		5	6	
L:	Navy Beans, Brown	L: Chicken Breasts, Brown		L: Turkey Breast, Biscuit -	L: Beef Ground, Buns -		L: Chicken Breasts, Pasta
	Rice, WG (1oz eq/28	Rice, WG (1oz eq/28		WGR(WG), Mixed	Whole Grain (1oz/28g)(WG),		Misc (WG 1oz eq/28gm/
	gm/1/2c)(WG), Peppers,	gm/1/2c)(WG), Onions /		Vegetables, Pears, Lowfat	Potatoes, fresh, all sizes,		1/2c)(WG), Broccoli, Oranges
	Green, Peaches /	Onion Rings, Applesauce,		Milk - 1%	Mixed Fruit, Lowfat Milk - 1%		/ Tangerines / Tangelos,
	Nectarines, Lowfat Milk -	Lowfat Milk - 1%	<i>6</i>				Lowfat Milk - 1%
	1%						
	Red Beans & Rice	Burrito Bowls		Turkey pot pie	Sloppy Joe		Honey Garlic Chicken
D.	Chadder Chasse Desta	D: De of Orevind	- -	Deef Crewed Dure	D: Chicken Long Dung	D.	Turkey Dreest Discuit
D:	Cheddar Cheese, Pasta	D: Beef Ground,		Beef Ground, Buns -	D: Chicken Legs, Buns -	D:	Turkey Breast, Biscuit -
	Misc (WG 1oz eq/28gm/	Cornbread/Corn Muffin - WGR		Whole Grain (1oz/28g)(WG),	Wheat (1oz/28g), Sweet		100% Whole Wheat(WG),
	1/2c)(WG), Mixed	(1oz/34g)(WG), Salsa,		Potatoes, Red/White, Pears,	Potatoes/Yams (not as fries),		Mixed Vegetables, Oranges /
	Vegetables, Peaches /	Applesauce, Lowfat Milk - 1%	0	Lowfat Milk - 1%	Mixed Fruit, Lowfat Milk - 1%		Tangerines / Tangelos, Lowfat
	Nectarines, Lowfat Milk -						Milk - 1%
	1% Tomato Basil Pasta	Tamale Pie		Sloppy Joe	Hone Garlic Chicken		Turkey Pot Pie
9		10	11		12	13	
L:	Cheddar Cheese, Brown	L: Beef Ground, Tortilla		L: Turkey Breast,	L: Chicken Breasts, Pasta		L: Beef Ground, Pasta Misc
_	Rice, WG (1oz eq/28	Chips - WGR (1 oz/28g))	Cornbread/Corn Muffin - WGR	Misc (WG 1oz eq/28gm/ 1/2c)		(WG 1oz eq/28gm/ 1/2c)
	gm/1/2c)(WG), Broccoli,	(WG), Garden Salad, Tropical		(1oz/34g)(WG), Navy Beans,	(WG), Carrots, Peaches /		(WG), Onions / Onion Rings,
	Apples, Lowfat Milk - 1%	Fruit, Lowfat Milk - 1%	<i>6</i>	Pears, Lowfat Milk - 1%	Nectarines, Lowfat Milk - 1%		Mandarin Oranges, #10 can,
							Lowfat Milk - 1%
	Broccoli Cheese Casserole	Taco Salad		White Turkey Chili	Chicken Stroganoff		Cheeseburger Pasta
D:	Mozzarella Cheese,	D: Chicken Breasts, Brown	D:	Chicken Breasts, Pasta	D: Beef Ground, Pasta Misc	D:	Turkey Breast,
	Pasta Misc (WG 1oz	Rice, WG (1oz eq/28		Misc (WG 1oz eq/28gm/	(WG 1oz eq/28gm/ 1/2c)		Cornbread/Corn Muffin - WGR
	eq/28gm/ 1/2c)(WG),	gm/1/2c)(WG), Black Beans,		1/2c)(WG), Carrots, Pears,	(WG), Onions / Onion Rings,		(1oz/34g)(WG), Navy Beans,
	Spinach, Apples, Lowfat	Applesauce, Lowfat Milk - 1%	ó	Lowfat Milk - 1%	Peaches / Nectarines, Lowfat		Mandarin Oranges, Lowfat
	Milk - 1%				Milk - 1%		Milk - 1%
	Pasta Primavera	Mexican Rice		Chicken Stroganoff	Cheeseburger Pasta		White Turkey Chili

Monthly Menu					Sp	onsor: CHILD CARE RESOURCES INC.			
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	Monday		Tuesday		Wednesday		Thursday		Friday
16		17		18		19		20	
L:	Cheddar Cheese, Bread	L	Chicken Breasts, Brown	_	L: Tuna Salad, Bread -		L: Chicken Breasts, Brown		L: Beef Ground, Pasta Misc
	Sticks, Garden Salad,	_	Rice, WG (1oz eq/28		Whole Grain (WG)(WG),		Rice, WG (1oz eq/28		(WG 1oz eq/28gm/ 1/2c)
	Applesauce, Lowfat Milk -		gm/1/2c)(WG), Beans -		Cucumbers, fresh, Tropical		gm/1/2c)(WG), Carrots,		(WG), Mixed Vegetables,
	1%		Vegetarian, Oranges /		Fruit, Lowfat Milk - 1%		Pineapple, Lowfat Milk - 1%		Pear, canned #10, Lowfat
			Tangerines / Tangelos, Lowfat						Milk - 1%
			Milk - 1%						
	Fall Salad		Taco Bake		Tuna Salad		Curry Chicken Casserole		Chili Mac
D:	Mozzarella Cheese,	D:	Beef Ground, Whole	D:	Chicken Breasts, Brown	D:	Beef Ground, Pasta Misc	D:	Tuna Salad, Bread -
	Pasta Misc (WG 1oz		Grain Chips(WG), Lettuce /		Rice, WG (1oz eq/28		(WG 1oz eq/28gm/ 1/2c)		Whole Grain (WG)(WG),
	eq/28gm/ 1/2c)(WG),		Salad, fresh, Oranges /		gm/1/2c)(WG), Carrots,		(WG), Mixed Vegetables,		Cucumbers, fresh, Pears,
	Broccoli, Applesauce,		Tangerines / Tangelos, Lowfat		Tropical Fruit, Lowfat Milk -		Pineapple, Lowfat Milk - 1%		Lowfat Milk - 1%
	Lowfat Milk - 1%		Milk - 1%		1%				
	Veggie Alfredo		Beef Nacho		Chicken Curry Casserole		Chili mac		Tuna Salad
23		24		25		26		27	
L:	Cheddar Cheese, Pasta		Officient Dicasts, Drown				L: Chicken Breasts,		L: Chicken Breasts, Brown
	Misc (WG 1oz eq/28gm/		Rice, WG (1oz eq/28				Rolls-100% Whole		Rice, WG (1oz eq/28
	1/2c)(WG), Mixed		gm/1/2c)(WG), Salsa,				Wheat(WG), Garden Salad,		gm/1/2c)(WG), Onions /
	Vegetables, Mandarin		Peaches / Nectarines, Lowfat				Applesauce, Lowfat Milk - 1%		Onion Rings, Pineapple,
	Oranges, Lowfat Milk - 1%		Milk - 1%						Lowfat Milk - 1%
	Mac & Cheese		Arroz Con pollo				salad		Dity Rice
D:	Chickpeas/Hummus,	D:	Beef Ground, Pasta Misc			D:	Beef Ground, Brown Rice,	D:	Beef Ground, Pasta Misc
E	Brown Rice, WG (1oz eq/28		(WG 1oz eq/28gm/ 1/2c)				WG (1oz eq/28 gm/1/2c)		(WG 1oz eq/28gm/ 1/2c)
	gm/1/2c)(WG), Mixed		(WG), Tomato Sauce / Paste,				(WG), Onions / Onion Rings,		(WG), Mixed Vegetables,
	Vegetables, Mandarin		Peaches / Nectarines, Lowfat				Applesauce, Lowfat Milk - 1%		Pineapple, Lowfat Milk - 1%
	Oranges, Lowfat Milk - 1%		Milk - 1%						
	Garden Pilaf		Taco Pasta				Dirty Rice		Baked Ziti

Monthly Menu

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			Month of: December 2024		(855) 427-2888		
	Monday	Tuesday	Wednesday	Thursday	Friday		
30		31					
L	Mozzarella Cheese,	L: Chicken Breasts, Pasta					
	Pasta Misc (WG 1oz	Misc (WG 1oz eq/28gm/					
	eq/28gm/ 1/2c)(WG),	1/2c)(WG), Salsa, Tropical					
	Spinach, Applesauce,	Fruit, Lowfat Milk - 1%					
	Lowfat Milk - 1%						
	Pasta Primavera	Taco Pasta					
D:	Other Beans, Brown	D: Beef Ground, Whole					
	Rice, WG (1oz eq/28						
	gm/1/2c)(WG), Mixed	Beans, Tropical Fruit, Lowfat					
	Vegetables, Applesauce,	Milk - 1%					
	Lowfat Milk - 1%						
	Beans & Rice	Taco Pie					