Month of: February 2025

Mandan	T	Month of: February 2025	Th	F.:1
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
L: Cheddar Cheese, Pasta	L: Chicken, Breast Meat,	L: Chicken Breasts, Bread	L: Turkey Breast, Brown	L: Chicken Breasts, Pasta
Misc (WG 1oz eq/28gm/	Brown Rice, WG (1oz eq/28	Sticks(WG), Garden Salad,	Rice, WG (1oz eq/28	Misc (WG 1oz eq/28gm/
1/2c)(WG), Mixed	gm/1/2c)(WG), Onions /	Fruit Salad, Lowfat Milk - 1%		1/2c)(WG), Spinach, Apples,
Vegetables, Applesauce,	Onion Rings, Mixed Fruit,	,	Pineapple, Lowfat Milk - 1%	Lowfat Milk - 1%
Lowfat Milk - 1%			,	
Tomato Basil Pasta	Burrito Bowls	Grilled Chicken Salad	Chicken Fried Rice	Chicken Tetrazzini
D: Cheddar Cheese, Brown	D: Beef Ground, Tortillas -	D: Chicken Breasts, Brown	D: Beef Ground, Pasta Misc	D: Beef Ground, Brown Rice,
Rice, WG (1oz eq/28	100% Whole Wheat	Rice, WG (1oz eq/28	(WG 1oz eq/28gm/ 1/2c)	WG (1oz eq/28 gm/1/2c)
gm/1/2c)(WG), Mixed	(1oz/28g)(WG), Lettuce And	gm/1/2c)(WG), Broccoli, Fruit	(WG), Mixed Vegetables,	(WG), Onions / Onion Rings,
Vegetables, Applesauce,	Tomato, Mixed Fruit, Lowfat	Salad, Lowfat Milk - 1%	Pineapple, Lowfat Milk - 1%	Apples, Lowfat Milk - 1%
Lowfat Milk - 1%	Milk - 1%			
Garden Rice Pilaf	Beef Tacos	Broccoli Casserole	Baked Ziti	Cheesy Beef Casserole
10	11	12	13	14
L: Cheddar Cheese,	L: Chicken Breasts, Tortilla	L: Chicken Breasts,	L: Beef Ground, Pasta Misc	L: Chicken Breasts, Brown
Tortillas - 100% Whole	Chips - WGR (1 oz/28g)	Cornbread/Corn Muffin - WGR	(WG 1oz eq/28gm/ 1/2c)	Rice, WG (1oz eq/28
Wheat (1oz/28g)(WG),	(WG), Lettuce And Tomato,	(1oz/34g)(WG), Mixed	(WG), Mixed Vegetables,	gm/1/2c)(WG), Peppers,
Mixed Vegetables, Mandarin	Applesauce, Lowfat Milk - 1%	Vegetables, Mixed Fruit,	Peaches / Nectarines, Lowfat	Green, Oranges / Tangerines
Oranges, Lowfat Milk - 1%		Lowfat Milk - 1%		/ Tangelos, Lowfat Milk - 1%
Veggie Wraps	Pulled Chicken Tacos	White Chicken Chili	Baked Spaghetti	Aloha Chicken
D: Cheddar Cheese, Brown	D: Beef Ground, Brown Rice,	D: Beef Ground, Pasta Misc	D: Chicken Breasts,	D: Beef Ground, Bread
Rice, WG (1oz eq/28	WG (1oz eq/28 gm/1/2c)	(WG 1oz eq/28gm/ 1/2c)		Sticks, Mixed Vegetables,
gm/1/2c)(WG), Broccoli,	(WG), Salsa, Applesauce,	(WG), Green Beans, Mixed	Homemade, Mixed	Oranges / Tangerines /
Mandarin Oranges, Lowfat	Lowfat Milk - 1%		l ·	Tangelos, Lowfat Milk - 1%
Milk - 1%			Nectarines, Lowfat Milk - 1%	<u> </u>
Creamy Shells	Frito Pie	Beef Stroganoff	Chicken & Dressing	Shepherds Pie

Month of: February 2025

		Month of: February 2025		(833) 427-2000
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
L: Egg Salad, Bread -	L: Chicken Breasts, Brown	L: Chicken Breasts, Tortilla	L: Chicken Breasts, Bread	L: Beef Ground, Pasta Misc
100% Whole Wheat(WG),	Rice, WG (1oz eq/28	tostadas wg(1oz eq/28gm)	Sticks(WG), Garden Salad,	(WG 1oz eq/28gm/ 1/2c)
Celery, Applesauce, Lowfat	gm/1/2c)(WG), Onions /	(WG), Carrots, fresh, Mixed	Peaches / Nectarines, Lowfat	(WG), Tomato Sauce / Paste,
Milk - 1%	Onion Rings, Oranges /	Fruit, Lowfat Milk - 1%	Milk - 1%	Mixed Fruit, Lowfat Milk - 1%
	Tangerines / Tangelos, Lowfat			
	Milk - 1%			
Egg Salad	Chicken Fajitas	Chicken Wraps	Winter Salad	Beef Goulash
D: Marravalla Chassa	D: Book Crowned Toutilles	D: Do of Crown d	D: Chicken Breasts Brown	D: Chiakan Lana Biaswit
D: Mozzarella Cheese,		D: Beef Ground,	Cinciton Diodeste, Dienni	D: Chicken Legs, Biscuit -
Pasta Misc (WG 1oz		Cornbread/Corn Muffin - WGR	Rice, WG (1oz eq/28	100% Whole Wheat(WG),
eq/28gm/ 1/2c)(WG), Mixed	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	(1oz/34g)(WG), Mixed	gm/1/2c)(WG), Broccoli,	Mashed Potatoes (100%
Vegetables, Applesauce,	Green, Oranges / Tangerines	Vegetables, Mixed Fruit,	Peaches / Nectarines, Lowfat	potatoes), Mixed Fruit, Lowfat
Lowfat Milk - 1%	/ Tangelos, Lowfat Milk - 1% Beef cheese burritos	Lowfat Milk - 1%	Milk - 1% Sweet & Sour Chicken	Milk - 1% Herb Roasted Chicken
24	25	26	27	28
L: American Cheese	L: Chicken Breasts, Pasta	L: Chicken Breasts, Buns -	L: Chicken Breasts, Bread	L: BBQ - Chicken, Buns -
(100% cheese), Pasta Misc		Whole Wheat WG (1oz/28g)		Whole Grain (1oz/28g)(WG),
(WG 1oz eq/28gm/ 1/2c)	, , , , , , , , , , , , , , , , , , , ,	(WG), Mixed Vegetables,	Applesauce, Lowfat Milk - 1%	Carrots, Oranges /
(WG), Mixed Vegetables,	Nectarines, Lowfat Milk - 1%	Mixed Fruit, Lowfat Milk - 1%	, гренованов, доннастинк	Tangerines / Tangelos, Lowfat
Oranges / Tangerines /	I ·			Milk - 1%
Tangelos, Lowfat Milk - 1%				
Mac & Cheese	Southwestern Pasta	Hawaiian Chicken wraps	Salad	BBQ Chicken Sandwiches
D: Cheddar Cheese, Pasta	· ·	D: Beef Ground, Brown Rice,	D: Chicken Breasts,	D: Beef Ground, Bread -
Misc (WG 1oz eq/28gm/	100% Whole Wheat	WG (1oz eq/28 gm/1/2c)	Stuffing/Dressing-	100% Whole Wheat(WG),
1/2c)(WG), Mixed	(1oz/28g)(WG), Salsa,	(WG), Carrots, Peaches /	Homemade(WG), Mixed	Mashed Potatoes (100%
Vegetables, Oranges /	Peaches / Nectarines, Lowfat	Nectarines, Lowfat Milk - 1%	Vegetables, Applesauce,	potatoes), Oranges /
Tangerines / Tangelos,	Milk - 1%		Lowfat Milk - 1%	Tangerines / Tangelos, Lowfat
Lowfat Milk - 1%	6			Milk - 1%
Veggie Lasagna	Beef Tacos	Beef Fried Rice	Chicken & Dressing	Meat Loaf